

AMANDA DONNELLY,
D.M.D.
742 GRAHAM ROAD
SUITE A, CUYAHOGA
FALLS, OHIO
44221
330-929-2616

**SPECIAL
POINTS OF
INTEREST:**

- Snoring: is it a problem for you?
- Upcoming Events
- NTI Nightguards
- Health Tips for you and your family
- Contest Winners
- Hey Butler!
- Kids Coloring Contest
- New insurance plans



**"WE SHALL
NEVER KNOW
ALL THE GOOD
THAT A SIMPLE
SMILE CAN DO."**

**-MOTHER
TERESA OF
CALCUTTA**

The Donnelly Chronicle

SPRING EDITION

MAY 2009

Snoring: Is it a problem for you?

You may not think you have a problem, but ask the one who sleeps beside you. Do you snore so loudly that you keep others awake?do you keep yourself awake? If you have answered yes to either of these questions then you need to learn about the *Silent Nite Snoring Prevention Device*. This custom-fabricated dental device is transparent and flexible. It is designed to move the lower jaw into a forward position to increase the three dimensional space in the airway tube. It is designed to reduce air veloc-

ity and soft tissue vibration. It does not interfere with breathing through the mouth. This device is far less expensive than the surgeries to remove



the uvula, tonsils and adenoids Dentists have had great success rates with the *Silent Nite* oral device. Please call the office for more information.

**Upcoming
Events:**

June—drawing for a Blossom basket filled with goodies and tickets

July— Wildwater Kingdom tickets to a lucky patient

August— Back to school basket drawing

September— Sonicare promotional giveaway

October— Haunted House

A New Type of Nightguard: NTI

The FDA has approved a new dental device called the NTI-tss (Nociceptive Trigeminal Inhibition Tension Suppression System). We prefer to call it the NTI.

Clenching your teeth can result in tension headaches, sore jaws, stiff necks, and sensitive teeth. This a major breakthrough in dentistry because unlike the traditional nightguard or splint, the NTI does not provide a surface on which to bite down . The NTI fits over your top two teeth and suppresses the clenching reflex by preventing the posterior teeth from contacting each other. Many patients report significant relief within a few days. It does take time for your highly trained clenching muscles to unlearn their intense activity so relief will happen sooner for some and may take longer for other patients. Visit the website at www.HeadachePrevention.com for more



information on this incredible breakthrough in dental technology. Sometimes the easy solution works best.



If you are unhappy with the color of your teeth please let us know. Nite White At-home Bleaching Systems are a great option if you are hoping to make your smile whiter and brighter. We have a coupon on our website.

“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.”

-Leo F. Buscaglia



We are currently still selling the Sonicare toothbrush in our office. They are \$100 after a mail-in rebate. Great deal on fabulous product.

Sunscreen: Lather up with the facts!

We care about more than just your smile. Did you know that skin cancer is on the rise? More than one million new cases are reported each year. Sun exposure is the most preventable risk factors for all skin cancers. Protect yourself from ultraviolet light by applying water-resistant sunscreen with an SPF of at least 15. Most dermatologists will recommend a Sun Protection Factor of 30 for their patients to be safe. Also avoiding tanning beds will help to sure. Melanoma is one of the most examination will allow you to detect if cern. Look for any changes in the skin that are scaly, oozing or bleeding. ful so that you will know when to con- asymmetry; one half of a mole is der; irregular or poorly defined border. **C** stands for color; varied from one area to another. **D** stands for diameter; melanomas are usually greater than 6mm (the size of a pencil eraser) when they are diagnosed. **E** stands for evolving; a mole that is changing in size, shape or color. Early detection of skin cancer is the surest way to a cure. Develop a routine and be aware of any changes in your skin. More information can be found at www.cancer.org.



Visit us at dramandadonnelly.com



KIDS COLORING CONTEST

 ENTER A PICTURE TO WIN A PRIZE FOR THE CONTEST. WE LOVE TO SEE YOUR ARTWORK! Thank you to those who have already participated.

If your child is three and we have not yet seen him or her for that important first visit to the dentist, please call to schedule as soon as possible. We want to start good



We now accept two new insurance carriers:

Guardian and ***Superior Dental***

Don't forget that we have a referral program and we recognize our patients who refer their friends and family.

Contest Winners that have celebrated!

- December Ipod – Rachel Patton
- January Visa gift card – Margo Parker
- Feb "YOU" ary — Shaun Fennell
- March garden basket —Cathy Gore

Check out Hey Butler! for great deals on local business coupons and two for ones. Dr. Donnelly will be featured soon! Go to HEYBUTLER.COM to see more.

